

Howick Pakuranga Hockey Club

John Daniel Academy Plan

2016

Vision: To provide a whole of hockey programme where players, coaches, umpires and our community grow and achieve their full potential, enjoying hockey as a lifetime sport.

The John Daniel Academy

Overview:

The John Daniel Academy aims to provide technical coaching, support and development progressions to Howick and Pakuranga Hockey Club players. The academy was setup in John Daniel's name – one of the foundation members of Howick Pakuranga Hockey Club. It was through his vision, dedication and belief that the club is where it is today. The programme is in recognition of his efforts and a philosophy that will be embedded throughout.

The John Daniel Academy will consist of players who are keen to build and develop their hockey within the local community and are dedicated to improving their skills. All athletes will also strive to increase their personal fitness levels through fun and engaging training sessions.

These sessions will not only be of great benefit to athletes individually but will collectively develop a positive culture and community amongst club members. It is these athletes that will carry the club forward into the future and encourage lifelong club membership and involvement in hockey with the new skills to pass on to others.

Vision:

To produce and support the ongoing development of "Howick Pakuranga" Hockey players.

Mission:

Ensure that Howick Pakuranga Hockey Club's (HPHC) individual hockey players' skills are identified, developed, supported and promoted to their full potential.

Framework:

The John Daniel Academy programme will be led by:

- Clive Daniels, HPHC Premier Men's Coach, Coaching staff for the Hockey South Australia AHL
- Jude Menezes, HPHC Premier Women's Coach, Auckland Hockey NHL Women's Coach, Black Sticks Women's Goal Keeping Coach
- NZ Black Sticks Players
- HPHC Premier Players.

The programme will be delivered throughout the season annually from January to December 2016.

| Programme | Tiers | Date 2016 |
|--|-------------------------------------|--|
| Pre-season | Tiers 1-4 Goal Keeping clinics | January – March - weekly clinics |
| Pre Representative trials clinics | U21 / U18/ U15/ U13 | January – July - 6 weekly clinics |
| Season – in trainings / clinics | Tiers 1-4 Goal Keeping clinics | April – September |
| Individual Player Support/ Development Plans | Tiers 1-3 Players & Goal Keepers | January - December |
| School holidays - clinics | Tiers 2-4 Goal Keeping clinics | 18 April – 1 May 11 July - 24 July 26 September -9 October |
| Post Season -clinics | Tiers 1-4 | October – December - 8 weekly clinics |
| Pre National Representative camps clinics | National representatives | October - 4 weekly clinics |

Individual Player Support

Players will be individually case managed with a holistic programme developed and implemented to supplement and support their hockey development plans.

- Individual case management includes development goals, support with technical development, tactical development, mentoring, strength and conditioning, nutrition, video analysis, competition opportunities and exposure. Some of these support areas are being developed and or will be supported via external consultants but it is the intent of this programme to support selected players across all elements of their development.
- Goal Keeping Academy will run in parallel within the Tiers 1-4 and within the same programme structure.

Selection Aims

- To select players who have the greatest chance of being selected in National Senior Squads (NS), National Development Squads (NDS), National Junior Squads (NJS), National Talent Identification (TID) lists and National Hockey League (NHL), within 3-5 years.
- All players are to be registered to play for HPHC in 2016.

Details

The John Daniel Academy will consist of 4 status Tiers:

Tier 1 – HPHC players who meet any of the following criteria: National Development, National Future Squad, National Junior Squads, National Hockey League, Under 21 Regional Representative.

- 2 Club Lead Coaches Clive Daniels & Jude Menezes / 3-4 Guest technical coaches/Black Sticks
- 6-8 players in each women and men groups.
- Club volunteer coaches observing/ supporting

Tier 2 – The underpinning tier which provides for players who have represented their region at Under 18, Under 15 National tournaments, College 1st XI and are eligible for Under 15/ Under 18/Under 21 representative age groups.

- 4 Club Coaches / 3-4 Black Sticks
- 10-15 players in each women and men groups
- Club volunteer Coaches/ Premier players

Tier 3 - Open invitation for players' year 9 upwards. The Club Athletes Pathway will be followed to identify future Premier players in years to come. Provide "streamed" programmes to meet player abilities.

- 4 Club Coaches/ 2-3 Black Sticks
- 15-30 players in each women and men groups
- Club volunteer Coaches/ Premier players

Tier 4 - (Club Development) – This tier provides for all club members with the opportunity to have access to the training programme, as well as specific coaching sessions. The Club Athletes Pathway will be followed to identify future premier players in years to come. Provide "streamed" programmes to meet player abilities.

- Coaches/ Volunteer Club Coaches/ Black Sticks/ Premier Players
- Open invitation all junior/ youth club players